



Saving Energy AND Water

We all use energy and water every day in our homes and schools. Energy keeps our homes warm in the winter and cool in the summer. We use electricity whenever we turn on a light, play a video game or watch TV. In our kitchens and bathrooms, we use a lot more water that we might think.

Energy and water cost our parents money. And the more we use, the more it costs. Here are some easy ways we can all save energy and water!

Energy

- If you are leaving a room for more than five minutes, turn off the lights.
- Ask your parents to use compact fluorescent light bulbs instead of regular bulbs. They look different but save money over time because they use far less energy and last much longer than regular bulbs.
- If you are not using something, turn it off. If no one's watching TV, listening to the radio or using the computer, it shouldn't be on.

compact flourescent bulb

- Ask your parents to turn down the heat in the winter after everyone is in bed. In the summer, they should set the air conditioner to a higher temperature at night or if no one will be home for a while during the day. This can save your family lots of money, and a programmable thermostat which changes the temperature automatically can make this very easy.
- Make sure that all the doors and windows in your house close tightly. If you feel air coming in, ask your mom or dad about sealing the leak.
- Do not keep the refrigerator door open any longer than you have to. Think of what you want to get out before you open the door.

Water

- If you see a drippy faucet, ask one of your parents to fix it. Drippy faucets waste a lot of water and money.
- Ask your parents to install low-flow showerheads.
- Take showers instead of baths and take shorter showers.
- Use a broom instead of the hose to clean off your driveway or deck.
- Ask your parents to only run the dishwasher when it is full.
- Ask your parents to only wash full loads of clothes.
- Turn off the water while you brush your teeth.

You and your parents can learn more about saving energy and water at www.IN.gov/OUCC.



